

# **Equine Health Care**

(USPC D Manual, 2<sup>nd</sup> Ed., p222 – 230)

Name: \_\_\_\_

Equine Veterinarian = animal \_\_\_\_\_\_ who treats \_\_\_\_\_\_.

## Some Things a Vet will do:

- a. Check a horse for soundness and health before you \_\_\_\_\_\_.
- b. Give your horse a \_\_\_\_\_\_ twice a year for general health
- c. Give him Spring and Fall \_\_\_\_\_\_ (vaccinations)
- d. Treat your horse when he is \_\_\_\_\_ or hurt.
- e. Give you \_\_\_\_\_\_ on deworming, feeding, shots, dental health, and other ways to keep your horse healthy

## Reasons to call the Vet

1. Jf the horse is sick or hurt. Don't wait, call the Vet right away.

2. If there is a problem but you don't know what it is or how to help, call your Vet.

3. For Spring and Fall shots and regular check-ups.

If it doesn't seem like an emergency, but you aren't sure, call your \_\_\_\_\_\_ for advice. If you have no regular instructor, you can call other knowledgeable adults or upper- rated members in your pony club. If you are leasing the horse, always call the \_\_\_\_\_\_ of the horse!

The name and phone number of your horse's Vet should be written on the

\_\_\_\_\_ and in the horse's \_\_\_\_\_\_.

a. Other important names and phone numbers you may find on these two items:







Date:



## Signs of a Healthy Horse



- a. \_\_\_\_\_ are clear and bright
- b. Breathes \_\_\_\_\_
  - c. Coat is \_\_\_\_\_
  - d. Skin is loose and supple
  - e. May lie down and stretch out for a while, but he will get up easily
  - f. Stand normally on all four legs
    - a. May rest a hind foot
    - b. Does NOT rest a front foot
  - g. Likes to \_\_\_\_\_\_, and drinks normally
  - h. Passes \_\_\_\_\_ about eight times a day
    - a. Normal manure balls
    - b. \_\_\_\_\_ is clear or light yellow
  - i. Vital signs are in the normal range for that horse.
    - a. You will find the horse's normal Vital Signs on the \_\_\_\_\_\_
      the \_\_\_\_\_\_



- \_\_\_\_\_
  - 1. <u>Colic</u> Belly pain/\_\_\_\_\_
    - a. May stop eating
    - b. Look at or nip at his belly
    - c. Paw the ground
    - d. Stretch out as if to urinate
    - e. May lie down and get up again, rolling from side to side, continually
    - f. May sit on his hindquarters, like a dog.

All of these are signs of colic. Colic can be very serious, even \_\_\_\_\_\_.

Call the \_\_\_\_\_ right away.

While waiting for the Vet;

- i. slowly \_\_\_\_\_ the pony and
- ii. don't let him \_\_\_\_\_.
- iii. Keep him walking until the \_\_\_\_\_ arrives.
- 2. <u>Coughing</u>, with runny eyes and nose.
- 3. Coughing with great distress (choking)
  - a. He may even cough green mucus out his nose.
  - b. He keeps walking, pacing, can looking around.

This is an emergency so call the Vet immediately.



Colic signs: stretching out, pawing, biting or kicking at belly, sweating

and in







- 5. Pony is \_\_\_\_\_
  - a. Does not want to more or eat
  - b. May stand stiffly or hunched up
  - c. If lying down, does not want to get up
  - d. May act dull, cranky and irritable, especially if your ide hin
- 6.



- a. More than 1 degree above his normal (102 or higher)
- b. Fever in the feet (feet feel hot to your touch)
- 7. Not wanting to
  - a. Refuses to eat
  - b. Drools
  - c. Drops food out of his mouth
- 8. Losing \_\_\_\_\_.
- 9. Injuries
  - a. Cuts, Swelling, Heat, Tenderness, Closed or swollen eye, Lameness, Bleeding
- 10. \_\_\_\_\_ (Laminitis)
  - a. Caused by poor feeding or eating regiment.
  - b. Stands with hind legs under body
  - c. Horse does not want to move

Laminitis, or founder, signs: standing with hind legs under body and front legs stuck forward; reluctant to move





Signs of sickness.



### <u>Lameness</u>

Lameness is an injury or soreness to the horse's \_\_\_\_\_\_ or \_\_\_\_\_\_.

### Recognizing Lameness:

- 1. Lead him at a jog.
  - a. Keep the lead line loose so he can move his head freely
  - b. Jog him in a straight line
  - c. On a hard and level surface.
- Listen for the sound of the hoof beats they may sound \_\_\_\_\_\_\_ one may sound louder than the other.
- 3. He tries to not step hard on the sore leg
- 4. He will take a shorter step with the sore leg
- 5. If front leg lame, he will throw his head \_\_\_\_\_ when he steps on the sore leg and down when he steps on the good leg
- 6. If hind leg, he will carry his hip higher on the sore side
  - a. He throws his head \_\_\_\_\_\_ when the sore hind leg touches the ground.
- 7. When standing, he will put weight on the good leg and rest the sore one.

#### What to Do:

How to tell when a pony is lame

- 1. Clean out his \_\_\_\_\_and check for
  - a. Stones, twisted or loose shoe, nail or other sharp objects
- 2. Feel his \_\_\_\_\_\_ to find any:
  - a. tenderness (he may flinch), heat, swelling
  - b. Compare the sore leg to the other legs
  - Call your \_\_\_\_\_ or ask your \_\_\_\_\_ for advice
- 4. Do not \_\_\_\_\_ him
- 5. If you notice it while riding, it's okay to walk him back slowly.
- 6. Do not put liniment or anything else on the lame leg until you have spoken with your
- 7. If there is a minor cut, it is okay to clean it and apply antibiotic ointment.

#### USPC Rating Requirements, 2016

- D1-• Discuss what a veterinarian is.• Give one reason a vet might treat your mount.
- D2-• Give two reasons to have your mount routinely checked by a veterinarian.
- D3-• Name some symptoms of a sick or injured mount that would cause you to seek help.





